

## **FOG IS DANGEROUS**

JANUARY, 2021



## **Description:**

The fog was so heavy the Ready-Mix Driver couldn't see ahead of him and pulled off to the side of the road. While he was stopped, the dirt ground gave way causing the Ready-Mix Truck to lean and roll over.

It's that time of year! We are experiencing Heavy Fog.

**Fog** reduces visibility, limits contrast, distorts perception and causes many motor vehicle accidents. In essence, it limits your ability to see what's ahead of you and around you, with that said you must be very cautious when driving in it.

## There are ways to help keep safe while driving in fog. Here are some tips to avoid accidents:

- 1. Put your lights on low beam. High beams can reflect more light in low visibility and actually impair your vision more, making it difficult to see what's in front of you. Also, do not use emergency flashers while driving, only when stopped.
- 2. Slow down when driving in fog, it's critical to travel at a safe speed. Driving in fog can create an optical illusion of slow motion, when in fact you may be speeding. Monitor your speedometer closely. Increase following distance.
- 3. Avoid Distractions. It is important to stay alert, keep your eyes focused on what's up ahead, know where you're going, turn the music down, and recognize and remove any other distractions while driving in **fog.** Also, roll down windows, turn off cruise control, etc.
- 4. Use your windshield wipers and defroster. Your wipers can push moisture from your view. The defroster setting on your air vents can reduce condensation build up on the windshield. Using both while driving in fog can greatly improve visibility.
- 5. If you find it unsafe to continue driving, pull over and stop in a safe area out of harm's way. Do not stop on the side of the road or the shoulder, another vehicle may come up from behind and run into you. Never pull off the pavement onto dirt ground, the weight of the truck can cause the ground to give way causing the truck to lean and go over.